

**THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE
THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM**

DIRECTIVES

To build a platform for international Health Qigong academic exchanges and friendly communications so as to promote sound and fast development of Health Qigong, the International Health Qigong Federation will organize the 7th World Health Qigong Tournament and Exchange and 3rd World Health Qigong Scientific Symposium.

I. Date and location

September 8th to 14th, 2017 The Hague area, Holland

Accreditation Date: September 8th, 2017

Accreditation Date for IHQF meetings: September 7th, 2017

Departure date: September 15th, 2017

II. Organizer

The International Health Qigong Federation (IHQF)

III. Host

Dutch Health Qigong Association (DHQA)

IV. Events

A, Meetings of IHQF Executive Board and Specialized Committees

B, the 7th World Health Qigong Tournament and Exchange

1. Instructions for Judges
2. Square demonstration
3. Exchange and competition
4. Health Qigong Training
5. IHQF Duan Examination

C, the 3rd World Health Qigong Scientific Symposium

V. Schedule

DATE		TIME	ACTIVITIES
7-Sep	Thursday	All Day	Arrival of delegates for IHQF meetings
8-Sep	Friday	Morning	Meetings of IHQF Executive Board
		Afternoon	Meetings of IHQF Specialized Committees
		All Day	Arrival of the participants
9-Sep	Saturday	All Day	Running of Scientific Symposium
		Evening	Opening Ceremony
10-Sep	Sunday	All Day	Running of Scientific Symposium
11-Sep	Monday	All Day	Health Qigong Training
		Afternoon	Square demonstration
12-Sep	Tuesday	Morning	Instructions for Judges
		Afternoon	IHQF Duan Examination
		Evening	Pregame Technical meeting
13-Sep	Wednesday	All Day	Exchange and competitions
14-Sep	Thursday	All Day	Exchange and competitions
		Evening	Closing ceremony and farewell party
15-Sep	Friday	Morning	departure of all participants

VI. Fees

A, Accommodation (Health Qigong Village): High End family Park with lodges and facilities with restaurants, supermarket, bar, recreation and training areas in green area. **This accommodation is compulsory for all participants** of THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE and THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM.

1. Room type A (1 person in a lodge)
Single room: 175 Euro Per day Per person (after tax, breakfast included)
2. Room type B (2 persons in a lodge)
Double room: 125 Euro Per day Per person (after tax, breakfast included)
3. Room type C (3 persons in a lodge)
Single room: 100 Euro Per day Per person (after tax, breakfast included)
Double room: 75 Euro Per day Per person (after tax, breakfast included)

Way of payment: see appendix 6 Form 7

B, training fee

1. Health Qigong Training: 100 Euro per person per training
2. Instructions for Judges: 70 Euro per person

C, Competition

- Group competition: 15.Euro./team/discipline/person
Individual competition: 20.Euro./individual/discipline

D, Duan Examination

To be charged as prescribed in the INTERNATIONAL DUAN EVALUATION SYSTEM FOR HEALTH QIGONG

VII. Registration and accreditation

1. Member organizations of the International Health Qigong Federation and the relevant social organizations are kindly requested to fill in the attached forms as required and send it by e-mail to **IHQF Secretariat** and **Dutch Health Qigong Association**
2. Deadline of pre-registration and pre-payment 25% of total amount: 1st of June 2017
3. Deadline of final registration and final payment 75% of total amount: 18th of August 2017. Participants registered after the deadline may take part in the events but shall not be listed in the Program and scores will not be taken account.
4. The organizing committee shall provide transportation to and from the airport to the Health Qigong Village in The Hague area on Accreditation Day (September 7th and 8th) and Departure Day (September 15th). More information will follow soon.

VIII. Other matters

1. Each delegation must submit the Original of the Entry Forms and 1 copy of the Participants' Responsibility Statement to the Organizing Committee.
2. Participants must buy Life Insurance. The delegation or the individual undertakes the responsibility for illness or injuries occurring during the events.
3. Entry forms of the events may be downloaded from the following websites:
IHQF official website: www.ihqfo.org
DHQA official website: www.healthqigong.nl

IX. Contacts:

A. International Health Qigong Federation Secretariat and Chinese Health Qigong Association

Mr.Wang Jianjun, Mr. Wu Zhipeng, Mr. Zhang Deming, Ms. Lu Min, Ms.He Xin
Tel: 0086 10 6705 1231, 86 10 67052078
E-mail: intelhqf@126.com; headoffice@ihqfo.org
Post Address: A No.14 Zhongqu, Tiantandongli, Dongcheng Dist., Beijing,100061 China

B. Dutch Health Qigong Association

Contact person: Mr. Anil Bhagole
Tel: 0031 64 62 88 667
E-mail: info@healthqigong.nl

Post Address: Wapenveldestraat 11 -13, 2573BE 's-Gravenhage

X. Matters not mentioned herein will be informed later.

XI. The Organizing Committee of the 7th World Health Qigong Tournament and Exchange and the 3rd World Health Qigong Scientific Symposium reserves the right for interpretation of this Circular.

Appendix

1. Circular of the Symposium
2. Regulations of the World Health Qigong Tournament
3. Circular of training and instructions
4. Circular of Duan Examination
5. Participants' Responsibility Statement
6. Accreditation Forms

Appendix 1

THE 3rd WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM AND INSTRUCTION

CIRCULAR

I. Date

September 9th to 10th, 2017

2. Location

The Hague area, Holland

3. Theme

To be decided by IHQF Science and Health Cultivation Committee

4. Contents

Renowned Health Qigong experts will be invited to present keynote speeches and featured speeches, introduce the latest research achievements on Health Qigong culture connotation health care mechanism, and effect of ways of exercise from psychological, and scientific view, explore the importance of Health Qigong development in western and modern society, and have interactions with audiences as well as answer questions.

5. Attendants

Health Qigong experts, scholars, IHQF members and the people of the relevant social organizations will be present.

6. Costs for participants

1. Participants tournament: There are no entry costs for participants who join the exchange tournament.
2. Participants who only visit the World Health Qigong Scientific Symposium: More information will follow soon.

Appendix 2

THE 7th WORLD HEALTH QIGONG TOURNAMENT REGULATIONS

1. Event name

THE 7th WORLD HEALTH QIGONG TOURNAMENT

2. Date and location

September 13th to 14th, 2017, The Hague area, Holland

3. Competition Disciplines

--Group competition

- (1) Health Qigong – Yi Jin Jing
- (2) Health Qigong – Wu Qin Xi
- (3) Health Qigong – Liu Zi Jue
- (4) Health Qigong – Ba Duan Jin

--Individual competition

- (1) Health Qigong – Yi Jin Jing
- (2) Health Qigong – Wu Qin Xi
- (3) Health Qigong – Liu Zi Jue
- (4) Health Qigong – Ba Duan Jin

4. Participation

(1) IHQF members and the relevant social organizations may send a few teams to the Tournament; of them each consists of maximum TEN(10) participants with ONE (1) team leader and ONE (1) coach who also may be the team leader and EIGHT(8) members.

Participants being under the age of 75 must be in good physical condition. The team leader and coach with the correct age may compete as well being a competitor.

(2) Competitors at Group competition may be of both genders and at different ages. Each team may register ONE(1) discipline and on competition there are no less than 4 competitors.

(3) Competitors at Individual competitions may be at different ages but classified by genders. Each individual may register TWO(2) disciplines only.

5. Competition Method

(1) The <Rules for International Health Qigong Competition> made by the Chinese Health Qigong Association apply.

(2) Competitors at Group competition march in triangular format and each team with more than 4 members is in 2 rows, forming a parallelogram.

(3) Competitors at individual competitions march in a dash line, staggering in 2 rows.

(4) Competing disciplines at group and individual competitions are the SIX-MINUTE ABBREVIATED VERSION of the original exercise compiled by the Chinese Health Qigong Association. The SIX-MINUTE music WITHOUT oral prompt applies in the competition.

(Both of the competition music and practice music with oral prompt are available on the IHQF official website)

6. Ranking and Awards

(1) Athletes/teams from Chinese Mainland and athletes/teams from other countries and regions will compete together with their score ranked separately. Athletes/teams from Chinese Mainland are ranked among all participating athletes/teams; while athletes/teams from other countries and regions are ranked exclusively.

(2) Awards of Gold, Silver and Bronze are set up in each discipline in group and individual competitions. For each ranking, 20% of awards of Gold, 30% of Silver and 30% of Bronze are given to the athletes/teams in single discipline respectively. Places of all the awards are calculated per round-off principle.

(3) Trophy and diploma are given to the awarded team in group competition, medal and diploma to the awarded athlete in individual competition, and participation certificate to those without award.

7. Jury and its members

Jury members and the Head Judge are appointed by the International Health Qigong Federation and the judges at competition shall be those selected from the judge instruction course of this event while the auxiliary judges are from the host.

8. Other matters

- (1) Attires are required in accordance with the health Qigong characteristics. In group competition, the team members must wear the unified attires with identical type and color and health Qigong sports shoes. Competitors must wear the bib number.
- (2) Team leaders and coaches are requested to be present at 19:00 hours September 12, 2017 for the technical meeting and draw lots. The Organizing Committee shall appoint someone to draw lots for those absent.

Appendix 3

THE 7th WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE TRAINING AND INSTRUCTIONS

CIRCULAR

A, HEALTH QIGONG TRAINING

1. Date

September 11th, 2017

2. Location

The Hague area, Holland

3. Attendants

All Participants are entitled to send their attendants.

4. Instruction contents

- (1) lectures on Health Qigong: Details to be informed later
- (2) Experience Exchange: Details to be informed later

5. Training fees

Euro100. / per person per Health Qigong training session

B, JUDGES' INSTRUCTIONS

1. Date

September 12th, 2017

2. Location

The Hague area, Holland

3. Attendants

The IHQF members and the relevant social organizations are entitled to send their attendants.

4. Instruction contents

- (1) Study and learn on <Rules For Health Qigong Competition>
- (2) Explanation on the key points of Health Qigong movements and key point of <Code of points>.
- (3) Practice on on-site evaluation

5. Training fees

Euro70. / per person

Appendix 4

THE 7TH WORLD HEALTH QIGONG EXCHANGE AND TOURNAMENT HEALTH QIGONG DUAN EXAMINATION

CIRCULAR

1. Date

September 12th, 2017

2. Location

The Hague area, Holland

3. Attendants

Those qualified to examination requirements of technical grades may register for the exam.

4. Duan Examinations

Technical grades evaluation: 1-6 Duan

5. Examination standards

< International Duan Evaluation System For Health Qigong > and < Rules for the Implementation of Conversion to the IHQF Duan System > apply.

6. Examination contents and fees

< International Duan Evaluation System For Health Qigong > apply.

8. Requirements

1. Attendants are requested to finish online application before the date of August 18, 2017. Other ways of application will not be accepted.
2. the entrance of online application and other examination instructions are provided on the IHQF official website.

Appendix 5

THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE & THE 3ND WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM

PARTICIPANTS' RESPONSIBILITY STATEMENT

On my own willingness, I would like to attend the 7th World Health Qigong Tournament and Exchange and 3rd World Health Qigong Scientific Symposium and promise to all consequences of any accidents or legal disputes, including any claim damages, actions and requests during the event. Meanwhile, I myself, my heir, personal assistant, agent and representative shall not sue either the Organizing Committee or the host. I hereby agree and comply with all the Tournament regulations made by the International Health Qigong Federation. I shall respect the Jury's decisions on any of the disputed matters. During the event, I agree to be photographed, video recorded or televised live. Also, I shall agree my name, address, voice, actions, image or figures to be used on a whole or partial by the International Health Qigong Federation on TV coverage, radio broadcasting, video recording, media figure or any other media equipment and shall not demand any payment or compensation.

I am aware of and fully understand the above statement.

(Parents or the legal guardians are requested to sign if the participants are minors.)

Signature:

Parent / legal guardian signature:

Date: , , 2017

Appendix 6 – Form 1

**THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE
THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM**

PRE-REGISTRATION FORM

Country/region	
Name of organization	
Number of participants to Symposium	
Number of teams to tournament	
Number of athletes to tournament	
Number of participants to health qigong training	
Number of participants to judge instruction	
Accommodation requirement	
If there is IHQF Executive board member(s) in your team, please specify the names.	
If there is IHQF specialized committee member(s) in your team, please specify the names.	
Name of the team leader	
Contact of team leader	

N.B.: Please send the form to the Dutch Health Qigong Association and the International Health Qigong Federation Secretariat before 1st, June, 2017

Applicant : _____ Tell: ___: _____ E-mail: _____

Signature of Person-in Charge:

Date: . . 2017

Appendix 6 – Form 2

Entry Form of the 7th World Health Qigong Tournament and Exchange

Country/Region:

Delegation:

Leader of the delegation:

Coach:

No.	Name	Gender	D.O.B (D/M/Y)	Passport No.	Individual competition				Team competition			
					Yi Jin Jing	Wu Qin Xi	Liu Zi Jue	Ba Duan Jin	Yi Jin Jing	Wu Qin Xi	Liu Zi Jue	Ba Duan Jin
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												

N.B.: 1. Please tick where applicable. 2. This form can be copied.

3. Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) and the International Health Qigong Federation Secretariat before 18th, August, 2017

Contact person : _____ Tel: _____ Fax : _____ E-mail: _____

Signature of Person-in Charge:

Date: .

Appendix 6 – Form 3

Entry Form of the 7th World Health Qigong Tournament and Exchange Judge Instruction

Country/Region:

Delegation:

No.	Name	Gender	D.O.B (D/M/Y)	Passport No.	Working Experiences		
					Competition Name	Competition Venue & Time	Position
1							
2							
3							

N.B.: 1. Please brief you at Working Experiences field. 2. The form can be copied.

3. Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) and the International Health Qigong Federation Secretariat before 18th, August, 2017

Applicant : _____ Tell: _____ Fax : _____ E-mail: _____

Signature of Person-in Charge:

Date: .

Appendix 6 – Form 4

Entry Form of the 7th World Health Qigong Tournament and Exchange Health Qigong Training

Country/Region:

Delegation:

No.	Name	Gender	D.O.B (D/M/Y)	Health Qigong Background Please list the Health Qigong forms that you have learned before
1				
2				
3				

N.B.: 1. Please brief you at Health Qigong practice field. 2. The form can be copied.

3. Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) and the International Health Qigong Federation Secretariat before 18th, August, 2017

Applicant : _____ Tell: _____ Fax : _____ E-mail: _____

Signature of Person-in Charge: _____ Date: .

Appendix 6 - Form 5

Entry Form of the 3rd World Health Qigong Scientific Symposium

Country/Region:

Organization:

Team leader:

No.	Name	Gender	Education	Passport No.	Profession	For Symposium
1.						
2.						
3.						
4.						
5.						
6.						
7.						

N.B.: Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) and the International Health Qigong Federation Secretariat before 18th August, 2017

Applicant : _____ Tell: _____ Fax : _____ E-mail: _____

Signature of Person-in Charge:

Date: . . 2017

Appendix 6 - Form 6

Travel Form of THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE and THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM

Country/Region:

Delegation:

No.	Arrival				Departure			
	Flight No.	Arrival Time	Arrival Date	Number of persons	Flight No.	Departure Time	Departure Date	Number of persons

N.B.: 1. the form can be copied.2. Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) before 18th, August, 2017

Applicant : _____ Tell: _____ Fax : _____ E-mail: _____

Signature of Person-in Charge:

Date: . . . 2017

Appendix 6 - Form 7

Payment Information and Form of THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE and THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM

We wish to provide an optimal participant experience. Meaning an efficient and secure registration process at arrival. We kindly request to fulfill all the payments before arrival via bank transfer. The pre-payments of accommodation, registration tournament, and symposium can be done as follows:

1. Member organizations of the International Health Qigong Federation and the relevant social organizations are responsible to collect all registration forms of their participants.
2. Member organizations of the International Health Qigong Federation and the relevant social organizations are responsible to collect all payments of their participants.
3. Member organizations of the International Health Qigong Federation and the relevant social organizations are responsible to fill in the Appendix 6 Form 7.
4. June 1st the Member organizations of the International Health Qigong Federation and the relevant social organizations will transfer **25%** of the total amount of their registered participants to the Dutch Health Qigong Association by bank transfer.
5. August 18th the Member organizations of the International Health Qigong Federation and the relevant social organizations will transfer the remaining **75%** of the total amount of their registered participants to the Dutch Health Qigong Association by bank transfer.
6. Participants registered after August 18th may take part in the events but shall not be listed in the Program and scores will not be taken into account
7. Bank information:

Name:	Dutch Health Qigong Association
IBAN:	NL72 INGB 0007 7131 34
BIC / SWIFT:	INGBNL2A

Appendix 6 - Form 7

Payment Information and Form of THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE and THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM

No.	Name	Gender (M/F)	D.O.B (D/M/Y)	Passport No.	Individual competition (Prices in EUR)	Group competition (Prices in EUR)	Judge (Prices in EUR)	Instruction (Prices in EUR)	Scientific Forum (Prices in EUR)	Accomodation	TOTAL
0	example John Jones	M	1-12-1965	NL 123456	€ 15,00	€ 20,00	€ 70,00	€100,00	€ 0,-	175x7 = € 1.225	€ 1.430
0	example Scientist Joan	M/F	1-12-1965	NL 987654							
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
15											
16											
17											
18											
19											
20											

N.B. Please send the form to the Dutch Health Qigong Association (info@healthqigong.nl) before 18th, August, 2017